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VMR Therapy, Inc. [CEO]: *Trauma, Vicarious Resilience & Professional Training Clinic* www.vmrtherapy.com

Safe Solutions Institute (501c3) [Executive Director]: *Forensic Services, Court-Certified Treatment Programs & Academic Training Institute*

Responder Reset: Supporting First Responders & Front Line Professionals

President, San Diego Domestic Violence Council: October 2023 – October 2025

Professional Interests: Cluster B Personality Disorders: Narcissism, Psychopathy & Borderline; Forensic Psychology: Court Approved Domestic Violence Victim and Offender Treatment, Child Abuse Offender (Neglect & Endangerment) Treatment, Court Expert Testimony, Crisis Intervention, Group Treatment, PTSD & Complex-PTSD, Post-Traumatic Growth, Police Psychology, First Responder Treatment, Couple's Therapy, Critical Incident Stress Debriefings, Suicide Intervention & Prevention, Victims of Sexual Assault, Vicarious Trauma, Vicarious Resilience.

Education	<i>May 2016</i> · Doctor of Psychology in Marital and Family Therapy	<i>Alliant International University, San Diego, CA</i>
	<i>Aug. 2007-Aug. 2009</i> · Master in Marital and Family Therapy	<i>Alliant International University, San Diego, CA</i>
	<i>Aug. 2001-May 2005</i> · Bachelor of Arts in Psychology	<i>University of Hawai'i at Manoa, Honolulu, HI</i>
License	<i>Feb. 2014- current</i> · Licensed Clinical Supervisor	<i>Board of Behavioral Sciences, Sacramento, CA</i>
	<i>Feb. 2012 - current</i> · Licensed Marriage and Family Therapist #51145	<i>Board of Behavioral Sciences, Sacramento, CA</i>
Certification	<i>July 2023- current</i> · CAMFT approved Continuing Education Provider #10053073- VMR Therapy, Inc.	<i>California Association of Marriage and Family Therapy, CA</i>
	<i>July 2023- current</i> · Court Approved Child Abuse Offender Treatment Provider – Safe Solutions	<i>County of San Diego Probation Department, San Diego, CA Child & Family Well Being, San Diego, CA</i>
	<i>July 2019 - current</i> · Certified 40-Hour Court Approved Domestic Violence Offender Treatment Provider Training – Safe Solutions	<i>County of San Diego Probation Department, San Diego, CA</i>
	<i>July 2014- current</i> · Court Approved Domestic Violence Offender Treatment Provider – Safe Solutions	<i>County of San Diego Probation Department, San Diego, CA Child & Family Well Being, San Diego, CA</i>
	<i>May 2011</i> · Pro-Act Certified	<i>New Alternatives, Inc., San Diego, CA</i>
	<i>Dec. 2010</i> · Chemical Dependency Counselor	<i>Alliant International University, San Diego, CA</i>
	<i>May 2009</i> · Domestic Violence Offender Treatment Provider	<i>Relationship Training Institute, San Diego, CA</i>
	<i>May 2007</i> · Victims of Rape & Sexual Assault Treatment Provider – Office of Emergency Services	<i>Center for Community Solutions, San Diego, CA</i>
	<i>May 2005</i> · Domestic Violence Victim Treatment Provider	<i>Domestic Violence Clearinghouse & Legal Hotline, Honolulu, HI</i>
Approved Practicum	<i>May 2026- current</i> · Training Site & Clinical Supervisor for Master of Arts in Counseling Psychology	<i>Golden Gate University, San Francisco, CA</i>

May 2026- current **Grand Canyon University, San Diego, CA**
 ·Field Experience Training Site & Clinical Supervisor for Bachelor’s in Social Work and Master’s in Social Work

April 2026- current **Touro University Worldwide, Alameda, CA**
 ·Training Site & Clinical Supervisor for Master of Arts in Marriage & Family Therapy

March 2026- current **San Diego State University, San Diego, CA**
 ·University Activity & Learning Site for College of Health & Human Services: School of Social Work, BSW & MSW

Sept. 2025- current **Northwestern University, Evanston, IL**
 ·Training Site & Clinical Supervisor for Counseling@Northwestern Program

June 2025- current **New York University, New York, New York**
 ·Training Site & Clinical Supervisor for NYU’s Steinhardt’s Counseling for Mental Health & Wellness

Oct. 2024- current **Capella University, Minneapolis, MN**
 ·Training Site & Clinical Supervisor for Capella’s School of Social & Behavioral Sciences

Aug. 2024- current **Purdue University Global, West Lafayette, IN**
 · Nursing Clinical Placement Preceptor for Nurse Practitioners in the School of Nursing Program

July 2024- current **National University, San Diego, CA**
 ·Training Site & Clinical Supervisor for Marriage and Family Therapy graduate students

Feb. 2023- current **Alliant International University, San Diego, CA**
 ·Training Site & Clinical Supervisor for Marriage and Family Therapy graduate students

Sept. 2022 - current **Point Loma Nazarene, San Diego, CA**
 ·Training Site & Clinical Supervisor for Clinical Counseling graduate students

July 2022 - current **UMass Global, Aliso Viejo, CA**
 ·Training Site & Clinical Supervisor for Marriage and Family Therapy & Professional Clinical Counseling graduate students

Aug. 2020 – August 2022 **University of San Diego, San Diego, CA**
 ·Training Site & Clinical Supervisor for Clinical Mental Health Counseling graduate students in School of Leadership and Education Sciences (SOLES) Program.

Expert Witness Testimony *Nov. 2022* **District Attorney’s Office, San Diego, CA**
 ·17-year-old male charged with PC187(a), PC664, PC245(a)(1), PC273.5(a), PC273a(b), PC664

July 2018 **City Attorney’s Office, Riverside, CA**
 ·Law enforcement officer charged with PC245(a)(1)

Percipient Witness Testimony *March 2025* **Superior Court of California, San Diego, CA**
 Former law enforcement officer filed a civil lawsuit against police department alleging a hostile work environment, discrimination based on sex, gender, and sexual orientation, retaliation, and failure to prevent discrimination and harassment; jury trial judgment of 10 million dollars.

Clinical Experience *June 2012 -present* **VMR Therapy, Inc. Chula Vista, CA**
 ·**Trauma & Vicarious Resilience – Clinic Owner**

- Clinic specializing in narcissistic abuse, post-traumatic stress disorder, complex post-traumatic stress disorder, first responder critical incidents, intimate partner violence, sexual assault, early childhood trauma and abuse, vicarious trauma and compassion fatigue.
- Founder of **Responder Reset™**, a specialized wellness, resilience, therapy, peer support, and professional development program serving first responders and frontline professionals, including law enforcement, fire service, dispatchers, therapists, social workers, victim advocates, public defenders, case managers, child welfare professionals, and other helping professionals.
- Provide structured clinical assessments.
- Provide individual, couple, family and group psychotherapy, including tele-health; populations including preschool (ages 3-5), children (ages 6-12), adolescents (ages 13-17), transitional age youth (ages 18-22); adults (23-59); older adults (ages 60+)

- Provide on-call crisis intervention response to critical incidents.
- TERM (Child & Family Well-Being) certified.
- California Victim Compensation Board (Victims of Crime) certified.
- Provide case management and advocacy.

April 2014-present

Safe Solutions Institute (501c3) – Chula Vista, CA

Forensic Services, Court-Certified Treatment Programs & Academic Training Institute – Clinic Director

- Criminal Court, Family Court, & Juvenile Dependency Court approved 52 week DVRP - Domestic Violence (offender) Recovery Program and 52 week CATP - Child Abuse Treatment Program.
- Clinically supervise and facilitate individual and group DVRP and CATP, including elder abuse, assault and stalking specific treatment.
- Provide structured clinical interviews & assessments, diagnostics, enrollment letters, intake and assessment reports, quarterly progress reports, discharge reports & letter and provide certificate of completions.
- Case consultation and coordination of care with social workers, probation officers, public defenders, minor's counsel and other legal and social service professionals.
- Provide case management, crisis intervention and advocacy.

July 2016-Oct. 2022

The Counseling Team International, Sam Diego, CA

Police Psychologist

- Provide culturally competent individual, couple, family and group psychotherapy to sheriff deputies, police officers, district attorneys, firefighters, probation officers, dispatchers, lifeguards, and non-sworn/professional staff and their families.
- Provide on-call, on-scene, crisis intervention response for Officer Involved Shootings (OIS) for San Diego County Sheriff's Office, National City Police Department, El Cajon Police Department, California Highway Patrol.
- Provide on-call, on-scene, crisis intervention response for law enforcement officers involved in a critical incident and miscellaneous mental health related emergencies ie suicidal officers, completed suicides of officers, completed suicides of officer spouses/family members, drug or alcohol related familial incidents, domestic disputes, medical incidents, etc.
- Provide return-to-duty clearance for law enforcement officers who discharge their firearm in an OIS.
- Provide Critical Incident Stress Debriefings/Management (CISD/CISDM) including but not limited law enforcement suicides, significant other suicide, employee deaths, in-custody deaths, use-of-force, infant deaths, baby drownings, fatal car accidents, etc.
 - *San Diego Sheriff's Office, San Diego District Attorney's Office, San Diego County Probation Department, San Diego County Medical Examiner's Office, California Highway Patrol, California Department of Corrections and Rehabilitation, California Department of Forestry and Fire Protection, California Department of Parks and Recreation, California Department of Transportation State of California Department of Motor Vehicles, National City Police Department, Coronado Fire Department, El Cajon Police Department, Coronado Lifeguards, Imperial Beach Lifeguards, Lexus Dealership, Food for Less, La Jolla Crossroads Apartments*
- Provide annual Post Traumatic Stress Disorder training and annual individual clinical meetings to District Personnel to Bonita-Sunnyside Fire Protection District.

Oct. 2015 -March 2016

Kaiser Permanente- Psychiatry and Addiction, Point Loma, CA

Psychosocial Clinician II

- Member of an interdisciplinary team who provides direct assessment, diagnosis formulation, treatment planning, treatment intervention and psycho-education to members and/or family members.
- *Transgendered specialist-* evaluated and cleared patients to begin transition of gender re-assignment.
- Hybrid therapist- children, adults and geriatric patients
- Provide individual, couple and family therapy.
- Provide case management, crisis intervention and advocacy.

Oct. 2012- Oct. 2015

PERT Inc., San Diego, CA

·PERT (Psychiatric Emergency Response Team) Clinician- El Cajon Police Department, PERT Trainer 2014

- Co-respond with law enforcement police officers to mental health related emergency 911 calls.
- Conduct in-field psychiatric evaluations and assessments to determine 5150 involuntary confinement status- danger to self, danger to others and/or grave disability.
- Provide crisis intervention, psycho-education to clients and their families.
- Formulate appropriate disposition supporting client's needs and safety requirements.
- Provide reports to psychiatrist, psych-liaison, charge nurse and/or medical social worker at psychiatric hospitals and emergency rooms.
- Attend and participate in the regional monthly PERT Round Tables, trainings and meetings to collaborate with community partners.
- Provide outreach and PERT training specific to cultured-audiences: Law Enforcement agencies, Skilled Nursing Facilities, Independent Living Facilities, Board and Cares, Elementary, Middle & High Schools, and Medical and Mental Health Care Clinics.
- Maintain confidentiality of all client files and records.

July 2012-Oct. 2012

Counseling and Behavioral Specialists, La Mesa, CA

·Private Practice Clinician

- Provide individual, couple, family and group therapy.
- Provide case management, crisis intervention and advocacy.
- Offer Child Protective Services/TERM approved therapy.

May 2011-July 2012

New Alternatives Inc. (NA#18), Chula Vista, CA

·Program Therapist- Substance Abuse Clinician

- Provide individual, family, and group and milieu therapy for emotionally disturbed foster youth and youth on probation in a lockdown/level 12 residential facility.
- Responsible for creating and implementing trauma-informed substance abuse group therapy curriculum for all programs on campus- utilized Seeking Safety and SMART Recovery approach.
- Provide trauma informed care including dual diagnosis treatment.
- Collaborate with county social workers, probation officers, psychiatrists, school psychologists, Court Appointed Special Advocates (CASA), Therapeutic Behavioral Services (TBS) coaches and case managers, recreational therapists, nursing staff and mental health workers to provide best practices.
- Conduct testing, assessments, questionnaires; and complete Medi-cal paperwork as necessary.
- Participate in weekly treatment team meetings and IEP meetings.

May 2009-Dec. 2010

Center for Community Solutions, La Mesa, CA

·Group Facilitator- Offender Specific Treatment

- Facilitate 52- week court ordered groups for domestic violence offenders, Batterer's Intervention Program (BIP)/Domestic Violence Recovery/Treatment Program (DVRP/DVTP).
- Provide forensic evaluations, actuarial and structured clinical assessments on criminal behavior- offender specific.
- Complete court documents, progress reports and related client paperwork as necessary.

Sept. 2009 –March 2010

South Bay Community Services, Chula Vista, CA

·Youth and Family Development Associate

- Provide individual, family and group therapy for juvenile offenders at the Chula Vista Police Department.
- Conduct intakes, individual and family assessments, testing and service plans for youth and their families.
- Provide case management, advocacy and crisis intervention.
- Facilitate substance abuse and anger management groups at middle schools and high schools in the Sweetwater Union High School district.
- Provide crisis intervention and outreach at quarterly truancy and curfew sweeps in conjunction with the San Diego Police Department and Chula Vista Police Department.
- Maintain monthly statistics, client surveys, client dispositions, six-month follow-up reports and other documents as required.

Unpaid internship (May 2008- Sept. 2009; March 2010- May 2011)

International Presentations

May 2018

Universidad de Sonora, Hermosillo, México

Domestic Violence Training- 60 Hour

- Provide domestic violence victim and offender training for the city of Hermosillo, Sonora, Mexico District Attorney's Office; explained the San Diego County Probation Standards & California Office of Emergency Services.
- **The District Attorney and Attorney General's Office beginning to create court ordered treatment programs for

domestic violence and rape convicted defendants; attendees included but not limited to judges, public defenders, prosecuting attorneys, and other government officials.

Trainings

- May 2026* *San Diego Domestic Violence Council, San Diego, CA*
· **Beyond the Call: Responding to and Prosecution of High Lethality Domestic Violence Incidents (8-Hours)**
● Provide training for law enforcement officers on DAFE/Strangulation, GVRO, EPO's, TRO's, CPO's & Resources.
- April 2026* *Marine Corps Community Services, Camp Pendleton, CA*
· **Advanced Domestic Violence Training (16-Hours)**
● Provide training to the Family Advocacy Program for Marine & Family Programs, Behavioral Health Branch
- Nov. 2025* *San Diego Domestic Violence Council, San Diego, CA*
· **Beyond the Call: Responding to and Prosecution of High Lethality Domestic Violence Incidents (4-Hours)**
● Provide training for law enforcement officers on DAFE/Strangulation, GVRO, EPO's, TRO's, CPO's & Resources.
- June 2025* *Community Resource Center, San Marcos, CA*
· **Domestic Violence Offender Typologies**
● Provide training for 40 hour state certified domestic violence victim advocate training @ One Safe Place- Family Justice Center.
- May 2025* *San Diego Domestic Violence Council, San Diego, CA*
· **Domestic Violence Offender Typologies**
● Provide training to domestic violence professionals on domestic violence offender typologies including Pit Bulls, Cobras, Narcissists and Stalkers.
- April 2025* *VMR Therapy, Inc., San Diego, CA*
· **40 Hour Domestic Violence Offender Counselor Certification Training**
● Provide training and certification for mental health professionals facilitating 52-week court ordered Batterer's Intervention Program(BIP)/ Domestic Violence Recovery Program (DVRP)
- March 2025* *VMR Therapy, Inc. & San Diego District Attorney's Office, San Diego, CA*
· **Understanding Stalking from a Clinical Perspective**
● Provide training for mental health professionals, victim advocates and attorneys.
- Sept. 2024* *Strong Hearted Native Women's Coalition, Inc., Valley Center, CA*
· **40 Hour Domestic Violence Victim & Offender Certification Training**
● Provide training to all staff for Native American Tribal organization @ Barona Casino.
- Sept. 2024* *The Foundation for Grossmont & Cuyamaca Colleges, San Diego, CA*
· **Domestic Violence & Victim Trauma Responses**
● Provide training for Resource (Foster) Parents in the Foster, Adoptive & Kinship Care Education Program.
- Sept. 2024* *South Bay Community Services, San Diego, CA*
· **People Who Abuse**
● Provide training to employees and volunteers who attend a 40-hour crisis intervention training to become a certified California Domestic Violence Victim Counselor.
- Aug. 2024* *Children of the Rainbow Educational Childcare, San Diego, CA*
· **Vicarious Trauma, Vicarious Resiliency, Self-Care & Self-Full**
● Provide trauma informed training to all staff for early education and childcare development facility.
- Aug. 2024* *The Foundation for Grossmont & Cuyamaca Colleges, San Diego, CA*
· **Trauma Bonding & Domestic Violence**
● Provide training for Resource (Foster) Parents in the Foster, Adoptive & Kinship Care Education Program.
- Aug. 2024* *San Diego Domestic Violence Council, San Diego, CA*
· **Trauma Bonding from the Perspective of the Child, Victim and Abuser**
● Provide training for members of the San Diego- Domestic Violence Council.

- July. 2024* ***The Foundation for Grossmont & Cuyamaca Colleges, San Diego, CA***
 · **Trauma Responses of Children Exposed to Domestic Violence & Generational Trauma**
 ● Provide training for Resource (Foster) Parents in the Foster, Adoptive & Kinship Care Education Program.
- June. 2024* ***San Diego Trauma Informed Guide Team, San Diego, CA***
 · **Vicarious Trauma to Vicarious Resilience, Part 2**
 ● Provide training for members of the San Diego Trauma Informed Guide Team @ San Diego Center for Children
- June 2024* ***The Foundation for Grossmont & Cuyamaca Colleges, San Diego, CA***
 · **The Effects of Domestic Violence on Children, Attachment & Circle of Security**
 ● Provide training for Resource (Foster) Parents in the Foster, Adoptive & Kinship Care Education Program.
- May 2024* ***The Foundation for Grossmont & Cuyamaca Colleges, San Diego, CA***
 · **People Who Abuse**
 ● Provide training for Resource (Foster) Parents in the Foster, Adoptive & Kinship Care Education Program.
- April 2024* ***The Foundation for Grossmont & Cuyamaca Colleges, San Diego, CA***
 · **Resource Parents Training DV 101 & the Victim Experience**
 ● Provide training for Resource (Foster) Parents in the Foster, Adoptive & Kinship Care Education Program.
- April 2024* ***San Diego Domestic Violence Council, San Diego, CA***
 · **Vicarious Trauma to Vicarious Resilience**
 ● Provide training for members of the San Diego- Domestic Violence Council.
- Feb. 2024* ***San Diego Trauma Informed Guide Team, San Diego, CA***
 · **Vicarious Trauma to Vicarious Resilience**
 ● Provide training for members of the San Diego Trauma Informed Guide Team @ San Diego Center for Children
- May 2019- present* ***Safe Solutions, San Diego, CA***
 · **40 Hour Domestic Violence Offender Treatment Provider Training**
 ● Provide certification training for court approved domestic violence offender treatment, approved by the San Diego County Probation Department
- May 2016- present* ***South Bay Community Services, San Diego***
 · **People who Abuse – Domestic Violence Offender Typologies & Treatment**
 ● Train employees and volunteers who attend a 40-hour Crisis Intervention Training to become a certified California Domestic Violence Victim Counselor.
- May 2016- present* ***Center for Community Solutions, San Diego***
 · **People who Abuse – Domestic Violence Offender Typologies & Treatment**
 ● Train employees and volunteers who attend a 60-hour Crisis Intervention Training to become a certified California Domestic Violence & Sexual Assault Victim Advocate.
- Jan 2016- Oct 2022* ***Counseling Team International, San Diego, CA***
 · **Suicide, Crisis Intervention, Law Enforcement Significant Other Survival, Peer Support Training**
 ● Train first responders, dispatchers and peer supporters on miscellaneous mental health issues- *San Diego Sheriff's Department, Coronado Police Department, Coronado Fire Department, National City Police Department, El Cajon Police Department, San Diego County Probation Department, District Attorney's Office, CalFire, California Highway Patrol, California Department of Corrections & Rehabilitation, Medical Examiner's Office, Bonita Fire Department*
- Dec. 2021* ***San Diego City Attorney's Office, San Diego***
 · **The Victim Experience- Domestic Violence 101**
 ● Provide training, education and information for attorneys, paralegals and victims of crime advocates
- Oct. 2021* ***The University of San Diego, San Diego***
 · **Domestic Violence Practitioner Panel**
 ● Provide training, education and information for USD's Professional Development Master's students
- May 2021* ***World Beat Cultural Center, Balboa Park, San Diego***
 · **A Journey into Wellness**
 ● Provide and facilitate wellness workshops, group break-out sessions on mental health, wellness and psychology.

- Sept. 2020* *National City Police Department, National City*
 · **National City Police Department’s Spouses and Significant Other Wellness Training & Support**
 ● Provide a half day training for law enforcement spouses on the unique stresses of first responder’s.

- August 2018 (as needed)* *Children’s Legal Services of San Diego*
 · **Domestic Violence Training**
 ● Train attorneys who provide counsel for Child Welfare Services dependency cases in the juvenile/family court system.

- 2012- 2015* *El Cajon Police Department, El Cajon, CA*
 · **PERT Training**
 ● Responsible for providing PERT training specific to cultured-audiences: Skilled Nursing Facilities, Independent Living Facilities, Board and Cares, Elementary, Middle and High Schools and medical and mental health care clinics.
 ● Trained law enforcement patrol officers on mental health updates.

- 2007-2010* *Center for Community Solutions, San Diego, CA*
 · **Crisis Intervention Training**
 ● Suicide Assessment ● Safety Planning
 ● Lethality Assessment ● Teen Relationship Violence
 ● Crisis Intervention ● Hotline Services

- 2007-2010* *Police Cadet Academy, San Diego, CA*
 · **Victims of Crime Training**
 ● Responsible for providing and scheduling training module for police cadets regarding victims of crime including intimate partner violence and sexual assault.
 ● Screen and schedule victim’s testimony to be shared with police cadets.
 ● Assign and initiate victim role-plays and provide positive and constructive feedback.
 ● Incorporate cultural competency into the training.

- 2008* *San Diego, CA*
 · **P.R.I.C.E (Preventing Rape by Intoxication through Community Education)**
 ● Train and provide outreach to bartenders throughout San Diego County, including teens and other social service agencies about rape by intoxication.

- 2008* *San Diego Beauty Academy, San Diego, CA*
 · **“Cut it Out” Program**
 ● Train hair salon professionals at various San Diego Beauty Academies regarding the nature of domestic violence and what to do if domestic violence is suspected or disclosed from a client.

- 2007* *YWCA, San Diego, CA*
 · **Domestic Violence and Crisis Intervention Training**
 ● Crisis Intervention ● Counseling Skills
 ● Safety Planning

- 2005* *Domestic Violence Clearinghouse & Legal Hotline, Honolulu, HI*
 · **Domestic Violence 101 Training**
 ● Crisis Intervention ● Lethality & Risk Assessment
 ● Safety Planning

**Management/
Supervision**

- Feb. 2014 -present* *VMR Therapy, Inc., Chula Vista & Bonita, CA*
 · **TERM Approved Clinical Supervisor**
 ● TERM approved – Child and Family Well-Being [CWS-CPS] – certified to provide clinical supervision to therapists treating families that are child welfare services involved.

- Feb. 2012 -present* *Safe Solutions, Chula Vista & Bonita, CA*
 · **‘Experienced’ Clinical Supervisor**
 ● Clinical supervisor for the County of San Diego’s Probation Department’s court certified 52-week domestic violence offender program, Standard and Level II Integrated Domestic Violence and Substance Abuse Program and Child Abuse Offender treatment program.

Aug. 2007-Aug. 2008

Center for Community Solutions, San Diego, CA

DVLINKS Hotline and SART Volunteer Manager

- Manage the San Diego County's 24-hour domestic violence and sexual assault hotline- (DVLINKS & Rape Crisis Hotline).
- Ensure excellence in services initiated from the hotline, including crisis counseling, providing information and referrals, providing real-time shelter bed availability and initiating Sexual Assault Response Team (SART) Advocate response.
- Supervise the Training Coordinator in providing a minimum of six Office of Emergency Services-Certified Sexual Assault and Domestic Violence Crisis Intervention Trainings annually.
- Directly supervise Hotline Service Scheduler in scheduling responsibilities, data entry, systems review, and provision of crisis counseling.
- Directly recruit, hire, train, schedule, supervise, evaluate and manage Hotline Crisis Counselors and SART volunteers, ensuring 24-hour service.
- Provide training to paid staff, volunteers and community partners on sexual assault, domestic violence and other related issues.
- Grant writing- **entered the position when contract was ending** Responsible and successfully completed San Diego's County's Request-For-Proposal to re-new the contract for an additional 3 years.
- Manage hotline contracts, program budgets, supervise data entry and produce required monthly, quarterly, and annual reports to the county.
- Assess agency-wide volunteer needs.
- Publicize hotline services and volunteer opportunities.
- Establish and maintain collaborative partnerships affiliated with the hotline including the county's Office of Violence Prevention, domestic violence shelter providers, countywide SART, countywide Domestic Violence Services program, law enforcement agencies, and service providers.

July 2005-Aug. 2006

Domestic Violence Clearinghouse and Legal Hotline, Honolulu, HI

Court Outreach Advocate

- Provide family court outreach services to survivors of intimate partner abuse who are petitioning the courts for restraining orders or involved with criminal cases as witnesses.
- Responsible for supervising, training and providing leadership to Outreach Victim Advocates.
- System advocacy- met with Family Court Judges to provide training regarding the dynamics of domestic violence.
- Provide legal information to clients regarding family court process and procedures.
- Accompany clients to ex parte and order to show cause hearings as their advocate.
- Establish victim and primary aggressor status and conduct lethality assessments through individual intakes.
- Discuss safety options, cycle of violence, lethality, readiness and resource referrals with victims.
- Provide mediation with opposing counsel.
- **Interim Supervisor 2006**

Academia Experience

Aug. 2010- Dec. 2012 (as needed)

Alliant International University, San Diego, CA

Adjunct Faculty Instructor- MFT graduate program

- Instruct Interviewing Techniques Lab in the Couple and Family Therapy Master's program at AIU.
- Introduce students to the thinking and practice that underlies various major theories that define the field of marriage and family therapy.
- Provide a safe, structured environment for students to practice newly acquired therapeutic skills.
- Set-up didactic student role-plays, assign parts, encourage feedback from observing and participating students.
- Provide constructive and positive feedback to students.
- Offer professional experiences to explain techniques

Advocacy

Jan. 2025

San Diego Domestic Violence Council, South Bay Coalition

Brewing Hope, Crafting Change

Domestic Violence Prevention & Awareness Campaign at Chula Vista brewery

April 2024

United States Congresswoman, Sara Jacobs, California's 51st District

Listening Session: Victims of Crime Act's (VOCA) Fiscal Year 2024

Invited and attended a private Listening Session with Congresswoman Sara Jacobs @ her San Diego District Office to discuss the impact of Fiscal Year 2024 700 million, 40% cut in Victims of Crime funding.

Television/ Media

July. 2025

Ark Media, Directed by Cody Ball

"Legacy of Light" Documentary

Featured Clinician - Appeared in a documentary examining the past, present, and future of psychology and mental health

care. Featured individual interview, supervision interview and providing group therapy for law enforcement officers. Nov. 2024

iHeart Radio

Interview Correspondent for 600 KOGO's News Radio San Diego Morning News with Ted and Veronica, "**Domestic Violence Awareness & Prevention**"

Oct. 2024

KPBS

Interview Correspondent for Midday Edition, San Diego's NPR station "**Domestic Violence Awareness Month**"

Jan. 2022

FOX 5 San Diego

Interview Correspondent for morning news on, "**The Toxic Phrase We Need to Stop Saying Around the Holidays**"

Oct. 2021

FOX 5 San Diego

Interview Correspondent for morning news on, "**It's a Social Crisis: Therapist Details Signs of Domestic Abuse, How to get Help**"

Sept. 2021

The University of Southern California- Annenberg Media

Special Guest Interview, "**Sexual Assault on College Campus' and Healing through Social Media**"

July 2021

California Highway Patrol

Contributor – *Cordico Wellness App* – Featured as a subject matter expert for CHP's wellness platform, providing mental health and resilience resources tailored to law enforcement culture.

April 2020

FOX 5 San Diego

Interview Correspondent for morning news on, "**Corona Virus, COVID-19 Pandemic & Increase in Domestic Violence**"

April 2020

Revolution Now Magazine

Special Guest Interview for Sexual Assault Awareness Week- "**Sexual Assault Survivor – Mental Health Series**"
1) **Coping Mechanisms for Survivors** 2) **Resources for Survivors Who Can Not Access Therapy** 3) **How to Support Loved Ones who have been Sexually Assaulted**

Feb. 2019

CBS

Featured on Vivica A. Fox talk show "**Face the Truth**" produced by Stage 9 Productions/Dr. Phil. Providing couples therapy to the show's guests.

Dec. 2016

FOX 5 San Diego

Interview Correspondent for morning news on, "**How to Achieve Your New Year's Resolution**"

Sept. 2016

FOX 5 San Diego

Interview Correspondent for morning news on, "**Officer Involved Shooting- El Cajon Police Department- Alfred Olango**"

Publications

Oct. 2024

Office of the District Attorney County of San Diego

DA, Community Leaders Empower Survivors at Domestic Violence Awareness Event

- "**Intimate Partner Homicides Down 50% from Previous Year**" – Press Release

[DA Letterhead](#)

Feb. 2022

Deputy Sheriff's Association of San Diego County

Silver Star Magazine

- "**Straight Outta' Therapy with Dr. V**" – Article explaining the benefits to therapy

Oct. 2021

Fox 5 San Diego

- "**It's a social crisis: Therapist details signs of domestic abuse, how to get help**"

[Domestic violence in San Diego: Therapist details types, urges victims to get help \(fox5sandiego.com\)](#)

July 2016

San Diego Sheriff's Department

Doctoral Dissertation – ProQuest Dissertation Publishing

- "**The Impact of Psychiatric Emergency Response Team (PERT) on Law Enforcement Officers on Time and Disposition Responding to Mental Health Related Emergencies in Urban, Suburban and Rural Communities**" – San Diego County Sheriff's Department

Feb. 2008

San Diego Union Tribune

- “In caring hands: Abused women find discreet help from salon professionals”
http://www.signonsandiego.com/uniontrib/20080223/news_1c23salonm.html

Keynote Speaking

April 2026

California Agents & Health Insurance Professionals , San Diego, CA

Annual Dance Showdown: All-Star Edition

- Keynote speaker - Survivor Testimony

April. 2024

Native Women for Change: Reclaiming Your Voice, El Cajon, CA

Southern Indian Health Council, Inc.

- Panelist & keynote speaker @ Ronald Reagan Community Center

March 2024

‘One Last Drop’ film screening, San Diego, CA

San Diego Domestic Violence Council – Teen Dating Violence Committee

- Q&A expert panelist: “The Last Drop” is a short sci-fi film about a young woman and her boyfriend who go on a romantic adventure through their past with a device that lets couples explore shared memories— but when their journey reveals overlooked signs of abuse, she must wake herself up to escape @ Hoover High School Performing Arts Center

Oct. 2023

25th Annual Native American Health and Wellness Conference, El Cajon, CA

Southern Indian Health Council, Inc.

- Keynote speaker @ Sycuan Casino and Resort

Memorandum of Understanding

Aug. 2024 - current

San Diego Domestic Violence Council, San Diego, CA

VMR Therapy, Inc. / Safe Solutions, Executive Team member of San Diego County’s Domestic Violence Council, authorized by the Board of Representatives.

April 2014 - current

McAllister Institute, San Diego, CA

McAllister Institute and Safe Solutions intend to work together toward the mutual goal of providing comprehensive services to adults with concurrent substance abuse and domestic violence issues. McAllister agrees to provide drug testing services and results for Safe Solutions Domestic Violence Recovery Program clients.

Awards & Recognitions

April 2024

United States House of Representatives, San Diego, CA

United States Congress

- Certificate of Special Congressional Recognition presented to the President of the San Diego Domestic Violence Council in recognition of your invaluable service to the community.

Feb. 2022

The Robin Ross Courage Award Recipient, Coronado, CA

Center for Community Solutions

- “Center for Community Solutions recognizes you for your courage to seek justice, embrace healing and hope, and commit to a personal mission to reduce harm to others,” @ Hotel del Coronado

May 2021

The Bob Marley Peace Award, San Diego, CA

Worldbeat Cultural Center

- Presented at the “Journey to Wellness” event for Dr. Vanessa Rodriguez for her continued contribution to health and wellness @ Balboa Park

Professional Memberships

International Critical Incident Stress Foundation, Inc.

American Association for Marriage and Family Therapy

California Association for Marriage and Family Therapists

San Diego’s Domestic Violence Council

- 2023 – 2025 President
- 2022 Elected Committee Chair- **Treatment and Intervention Committee**

CEU’s

2024 – *American Association Marriage & Family Therapy Conference- The Leadership Symposium*
2024 – *California Association Marriage & Family Therapy Conference*

References

Available upon request